

Ship-to-Shore

The South Sound Sailing Society's Newsletter

Volume 49 Issue 3

November 2019

www.ssssclub.com



November Meeting: SSSS Crew in the R2AK

The rules are few in the Race to Alaska, aka R2AK: no motor, no support, and get your vessel and crew from Port Townsend to Ketchikan as quickly as possible. For a crew of SSSS Members, June 10th in Port Townsend was the beginning of a series of long days and sleepless nights. It was a five-day sprint to Ketchikan in a 28-foot performance trimaran with six sails, two pedal drives, two paddles, four sailors, and no motor. The Olympia based team came in 6th out of 25 finishers, with a crew that included Greg Rohner, Rafe Beswick, Eric Egge, and Scott Schoch.

Members of the team will touch on:

Boat procurement and renovation

Planning and provisioning

Boat delivery to Port Townsend and final preparations

Proving Ground Leg 1: Port Townsend to Victoria

North to Alaska Leg 2: Victoria to Ketchikan

Lessons learned

Delivery from Ketchikan to Olympia

What's next?

Doors open at 18:30 and the Meeting will begin at 19:00 on Tuesday, November 12, Olympia Yacht Club, 201 North Simmons, Olympia. We hope to see you there.



Trickster in Port Townsend a few days before the start of the race.
photo : Greg Rohner

Southern Sound Series

Interested in participating in the biggest race series in the southern Puget Sound? How about one of the oldest races series on Puget Sound? The Southern Sound Series is four races sponsored by Tacoma Yacht Club, Three Tree Point Yacht Club, South Sound Sailing Society/Olympia Yacht Club, and Gig Harbor Yacht Club. Drawing from the entire Puget Sound region, the individual races see up to eighty participating boats. Last year 90 boats participated in at least one of the races and it was considered a light year. Of those boats, South Sound Sailing Society is routinely well represented on the awards podium. On to the races.

The kick-off race is Tacoma YC's Winter Vashon Race on coming up on December 7th. Friday night before the race, sailors come together to celebrate the start of the new Series with a dinner at the TYC club house. The pre-race dinner is made all the more convenient with the guest moorage docks rafted solidly with boats from up and down the Sound. The race is pretty straight forward, sail from TYC around Vashon Island and back, followed by snacks, food, a few beers, and lots of tales of the day's adventures.

The new year starts with the Three Tree Point Duwamish Head Race on January 4th. This race seems to have a reputation for true NW conditions, either lots of wind or little wind. For SSSS racers it is normal to transit to TYC or Gig Harbor on Friday and head up to Des Moines

Happy Thanksgiving

Herron Island Race
November 2

Board Meeting
November 5

General Meeting
November 12
Visitors Welcome

Doors open at 1830, Meeting starts 1900

Squaxin Island Race
November 16

Wine Tasting Cruise
November 30

Board Meeting
December 3

Vashon Island Race,
TYC
December 7

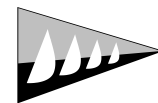
First Southern Sound Series Race

Lighted Boat Parade, OYC
December 7

General Meeting
December 10
Visitors Welcome

Doors open at 1800, Eating starts 1830

Anchoring 101 : Coach Nationally Recognized :



for the Saturday morning start just off the Marina. As a SSSS tradition, Dave Knowlton has for years reserved a table or two or three for the SSSS racing crews to enjoy a pre-race meal. The course takes racers north into Elliott Bay, around the Duwamish Head dolphin, across the sound around Blakeley Rock and back to the Des Moines Marina. It is pretty common to buddy boat motor back to Tacoma in the dark after the race.

Race three is our own Toliva Shoal Race on February 15th. Thanks to many SSSS volunteers, the "Race" actually begins with the SSSS's traditional roast beef feast on Friday night at the OYC clubhouse. This is a meal, not to be missed, as clubhouse fills with racers and significant others for a fun evening. Race day starts with a breakfast at OYC for transit racers who then head out for the start at Olympia Shoal. From the start, the course heads out through Dana Passage around the Nisqually mark and Toliva Shoal buoy, passes north of Eagle Island and the back to the Olympia Shoal finish, over 38 NM and the longest of the Series races. Post race, our wonderful volunteers have hot soup awaiting the hungry sailors.

Gig Harbor YC's Islands Race wraps up the series on March 14th. For some reason this race routinely ends with squirrely winds and tides making the finishes interesting. For racers the informal Friday night pre-race is dinner is held at El Pueblito Mexican restaurant. After dinner the racers return to their

boats at the public Jerisich Dock or Arabella's Marina guest dock. Saturday morning the race heads up Colvos Passage, around the east side of Blake Island, around a Gig Harbor mark boat and back again. Hot soup, chili, snacks and the all-important beer await returning racers at the Gig Harbor YC clubhouse. And so, the 2019-20 Southern Sound Series will end.

This may all sound challenging, but that is all part of winter sailing/racing. I, as many SSSS racers, have many fond memories of the various Southern Sound Series races. The races, the comradery, the conditions all make for great days on the water and a chance to put yourself, crew, and boat through the paces year-round! Don't feel nervous about these races, come on out and join the other up to one hundred boats spread across ten different fleets.

Register for each race at www.sssclub.com/ssseries, where you will find more information about the race (linked to from our site under the Racing tab). If you are new to racing, you'll need to get an official PHRF rating for any of the eight PHRF classes or a cruising rating for either of the Commodore Flying Sails or Non-Flying Sails fleets. Check with Rafe Beswick for an official PHRF rating or Richard Bigley for a cruising rating. You'll be racing with everything from Cal 20s to a San Cruz 70 on a sea of colorful spinnakers.

If you don't have a boat to race but would like to join in on the Series fun as crew, drop me an e-mail at jjohnson@wamail.net and I try to get you linked-up with a boat skipper. It would be great to once again have a strong showing of SSSS boats out for the biggest and best Southern Sound Series of races!

Hoping to see you out on the Southern Sound!

Jeff Johnson, Folie `a Deux. Your Series Rep.

Cruise News

WINE CRUISE
WEST BAY, NOVEMBER 30

It's time once again to break out the arts and crafts gear and get to working, if you haven't already, on your project entry for the Wine Cruise on 30 November 19:00 to 21:00. For those of you who haven't participated in the past, the competition is for the best wine / liquor bottle holder. Generally they are nautically themed, but that is not a requirement. Use whatever you want to build it: wood, paper mache, etc ... it's up to your imagination. Bring your project

to present to Tugboat Annie's downstairs conference room at 19:00. I will try to get it opened a bit before that.

The entries will then be auctioned at the charity auction at the December Meeting to raise money for the Thurston County Food Bank. The last few years we've raised more than \$10,000 each year. Put on your thinking caps and heat up your glue guns ... see you there!

Rich Adams, Mutable Fire

SHELTON OYSTERFEST

The Shelton Yacht Club hosted several Members to share in Oysterfest. Besides us, Scott Voltz and Connie Bunyer in *Traveler* with guest Lorraine Craft, and Johann and Kevin Gurnell in *Sandra Marie* survived the perils of Hammersly Inlet to feast on the muclelent delicacies. The evening brought an appetizer potluck at the SYC clubhouse, raffles, games, and plenty of conversation. Sunday dawned with a bit of fog, which burned off into a beautiful day. Jim and Diana Findley came up by car just in time for the SYC's terrific breakfast complete with biscuits and gravy, bacon, fruit and pastries. a big Thank You for SYC's generous hospitality. The tide dictated everyone's departure time, and everyone left in the early afternoon.

Rick and Loren Ferro. Gitana,

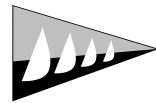
S-t-S Needs You

We need photos and stories. This is your newsletter and your Club; they are only as good as you make them.



2019 Topлива Shoal Race

photo: Bob Butts



RC Report

Dear Racers and Cruisers, yes, the Race Chair is addressing this to Cruisers too. We need more folks out racing. I am seeing a disturbing trend in our Spring, Summer and Fall buoy races. We are losing boats. We are on a downward trend in the number of boats showing up for these races, which comprise half of our racing season. This diminishing number of racers is hitting our B Class especially hard. We are at the point where there are more trophies than boats in B Class.

I am calling on our D Fleet boats to find more crew to enable you to fly your spinnakers and move up to B Class. To facilitate this transition to spinnaker I challenge our A and S Class skippers to lend crew who can fly a spinnaker to our D Fleet racers who have a spinnaker but don't feel comfortable flying it without experienced foredeck and trimming folks.

And I am calling on Cruisers to come out and race in D Fleet. Any boat can be a race boat and our Saturday afternoon Spring and Fall Series races are an ideal time to get your feet wet in some friendly races around Budd Inlet. The Wednesday evening races over the Summer are the best reason to get out and sail with friends in ideal conditions. If you can invite a racer along to help with starting and rules you will get there comfortably and quickly.

What I am proposing is a somewhat radical. I am suggesting we do some cross-fertilization to grow our racing fleet. There are always new folks signing up on our web site who are looking to crew and there are often skippers looking for crew. So please consider adding your name to our Find Crew / Find a Boat section under Racing on our home page as an experience crew looking to help others and maybe we need to mix it up a little. It doesn't have to be a long-term commitment but you never know what trying something new might inspire in us as a Club.

Contact me with any questions, suggestions, or ideas at rcchair@sssscclub.com. You can get your handicap rating on any boat through the D Fleet handicapper, Richard Bigley at bendigo@comcast.net, or a handicap for B Class from our PHRF Handicapper, Rafe Beswick at handicapper@sssscclub.com. Come out and have some fun. Start planning for Spring now.

Paul Paroff, Cheap Thrills

Sailing Education Another Successful Summer

We just completed another successful summer with over 415 youth and adults participating in our Learn to Sail classes. This fall's middle and High School sailing teams have 60 participants that will be practicing every day of the week, rain or shine. The commitment from these young people is an example of the life long skills that joining our teams helps create. These classes are also a great introduction for the general community. Positive comments have been heard from parents of sailors and sailors alike. If you have any question about our program and would like to know about future classes, please contact Sarah or Mary at the numbers listed below.

Currently our Olympia High School team is the best in the NW with another local school, Capitol High coming in close behind. This past spring, the Olympia High School team won two of our district wide regattas and had very respectable showings at two National events, coming in 11th in fleet racing and 12th in team racing in the nation. Nationally there are over 500 teams.

Our Director and Coach Sarah Hanavan was one of ten coaches chosen to attend Olympic Training Center in Colorado! Sarah took part in the International Coaching Enrichment Arts Program by the International Olympic Committee. The program is open to coaches of any Olympic sport. Sarah was chosen to attend along with nine other coaches from the U.S. Sarah and our High School teams have attracted the attention of U.S. Sailing's National Committee due to their rocket rise in NW and national regattas in the past four years. US Sailing, the governing body of sailing in the U.S., recommended Sarah for this program. She was chosen out of hundreds of applicants from all types of Olympic sports.

The program at the U.S. Olympic Training Center holds classes for two weeks. Classes include nutrition for athletes, psychology, leadership, coaching and team management to name a few. As part of the program, she will be mentored by the U.S. Olympic Sailing Coach to design and implement a project in

conjunction with U.S. Sailing. Sarah's project will be designed for U.S. Sailing to help increase the participation of female coaches and young women sailors throughout the country.

Stop by and congratulate Sarah on this honor and wonderful opportunity. She works hard with our teams. We are lucky to have her as part of the OYC sailing program.

ANNUAL DINNER AUCTION EXTRAVAGANZA NOVEMBER 17TH

We will host our annual dinner auction to raise funds for the Sailing Education Program. This annual event is not to be missed. We have fabulous auction items, including a beautiful vintage El Toro, tickets to plays and movies, beach stays, homemade ice cream and more. Please put this date on your calendar and start informing friends and family about this exciting dinner auction program. We look forward to seeing you there.

HELP SOUGHT

After the summer program, 400 plus kids later, as you can imagine, our boats and docks always take a beating and need some repairs. We have several small projects that we could use some help with.

Fiberglass repairs: boats require constant upkeep and ours are no different. If you have fibreglassing experience and are willing to help out, let us know.

Dock Repairs: all you need is a drill with bits and perhaps a few long screws. Our docks have a few loose boards, and need the rail we tie boats to replaced.

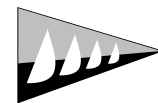
Boat house floor: we need to replace one last piece of plywood on the floor in the boat house and then paint the whole thing. Drill, hammer, crowbar, paint brushes and rollers required. We will pay for materials and supplies needed.

If you can help, contact one of us. Mary Fitzgerald (360) 250-1230 olympfitz@hotmail.com, Sarah Hanavan (206) 931-8802, sjhanavan@gmail.com Fern Zabriskie (360) 701-9898 fernie@comcast.net

Mary Fitzgerald

PHRF Dues Notices Mail this Month

PHRF members should get a notice this month. Return it with your check or pay on line. Do it now, while you are thinking about it.



Anchoring 101: The Basics

Our cruising this year took us all the way to Desolation Sound. We encountered boaters all along the way who did not know how to properly set their anchor. Their lack of knowledge about anchoring techniques didn't just make their own trip uncomfortable, it made a tense time for everyone in their vicinity. My mission now is to do what I can to make sure everyone in the South Sound Sailing Society knows how to set and retrieve their anchor.

In this first article I will address the basics of anchoring. In future installments I will talk about techniques for special situations.

The most frequent mistake we see time and again is not enough scope in the anchor rode. Scope is the ratio between the depth of the water and the amount of line you put out. The rule of thumb for light weather and a shared anchorage is to use a scope of three to one. If the water is 30 feet deep, you want to put out 90 feet of rode. If the water is 50 feet deep, your anchor rode will be 150 feet.

The 3:1 ratio will hold securely in light to breezy conditions if the majority of your rode is chain. If you are using a rope/chain combination, you will want to increase your scope to 4:1. (*When in Rome ... In a crowded anchorage you may not get the room recommended, so it is important that your scope is the same as the others so you all swing together. 3 to 1 is pretty standard in the NW and a rope rode with a chain lead works well at 3 to 1. Ed.*) If the wind, waves, or current are strong enough to drag your anchor, that is when you will increase your scope to 5:1 or even 7:1. In these conditions you are likely to post an anchor watch through the night to keep an eye on how well you are holding. The person on watch is also watching the other boats around you and taking action if they start to drag in your direction.

So here is how we set our anchor. As we motor in to the anchor field we observe the depth of the water, the wind, current, and the direction the other boats are laying at anchor. I check the tides for the next 24 hours and calculate what my depth will be at high tide. Multiply that number by 3 to determine how much anchor line to let out.

Plan to set your anchor in the same direction as the other boats around you. If they are facing north, your boat should be facing north is you make the set. The distance between you and the nearest boat should be at least as long as your anchor rode. So if the water is 40 feet deep, your rode will be 120 feet, and you need to be at least 40 yards, 120 feet, from your nearest neighbor after your anchor is set.

You want the boat to be moving slowly in reverse as the anchor touches the bottom, and continue to back up slowly as the rode goes out. If the bottom is slick mud, go even slower. Once the required amount of rode has been let out, cleat it off. Continue to back up until the rode becomes tight and the boat stops moving. Increase your throttle and continue to back down on the anchor for 10 to 15 seconds. This sets the anchor into the seabed and increases your confidence that the boat is going to stay put. Idle the engine and put it in neutral. The boat should move forward at this point. Now you get to do my favorite part of anchoring: turn off your engine!

Jim Larsen, TYA

Cruise News

HALLOWEEN CRUISE COSTUME CONTEST MAYHEM

A Lucky thirteen boats were rewarded with sunny skies, autumn colors, and breezes to sail to the 2019 Halloween Cruise. An advanced guard consisting of *Pleiades*, *Isabel*, *Fairwinds*, *Nightwind*, *PenOziequah*, *Fre' Moment*, and *Jolly Rumbalow* enjoyed walks and good company Friday night. Arriving Saturday were *Puelche*, *Pax the space spider*, *Kalakala*, *Cracker Jack*, *Altair*, and *Popo Agie*.

Pleiades and *PenOziequah* participated in the 10 nm self-timed race en route Friday, completing the course in 2 hrs:05 min and 1:51 respectively. *Altair* sailed the course Saturday in 1:57. All received special recognition and prizes for their participation. As if crushing the cruising race was not enough, *Pleiades* and *PenOziequah* also won the decorated boat contest with particularly scary and fun adornments to their yachts. Pumpkin carving was swept by *Nightwind* and *Cracker Jack* in a hotly contested competition.

Participation in the costume contest was high, resulting in the use of a decibel meter to scientifically determine the finalists of the costume contest, based on applause volume as the entrants strutted their stuff down the red carpet. It's remarkable, despite extensive calibration of the sound pressure instrumentation and array of microphones used to measure the applause from the throng of enthusiastic supporters, the squash swasher team from *Altair* tied for first place with the Astronauts from *Puelche*. Honorable mentions go to Bugs and Elmer from *PenOziequah*, and the minions of *Fairwinds*!

As is traditional, *Pax* provided a spectacular waffle breakfast, and everyone pitched in with toppings and other scrumptious items. Special thanks to the staff of Longbranch for welcoming the invasion of 30+ from the South Sound Sailing Society.

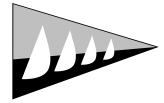
Richard Bigley, Jolly Rumbalow

Eagle Island Race October 19

Island Series Race 1

Maranatha/Transition were RC boat. *Silverbreeze* was mark boat.

Points	Sail No.	Yacht Name	Yacht Type	Rating	Finish Time	Corrected Time
A CLASS Start Time: 10:05 Distance: 26.5 nm						
0.75	87652	ALTAIR	J 35	72	14:49:31	14:17:43
2.00	18324	ROCK PAPER SCI	EXPR 37	69	15:02:18	14:31:50
3.00	79182	FOLIE A DEUX	BENE 35 S5	132	15:34:47	14:36:29
4.00	69051	SPIRIT	BENE 36.7	81	15:16:18	14:40:32
5.00	79003	GAN Y DWR	C&C121	69	15:12:42	14:42:14
6.00	64985	LIBERTY	C&C 35	123	15:37:21	14:43:02
7.00	64996	WILLIE TIPIT?	C&C SR33	78	15:31:47	14:57:20
S CLASS Start Time: 10:05 Distance: 26.5 nm						
		12 PAX		-10	14:00:53	14:05:18
0.75	50921	REDLINE	ANT 27	90	14:51:15	14:11:30
2.00	10115	ZIG ZAG	TART 101	75	14:47:58	14:14:51
3.00	79089	LIGHTLY SALTED	BENE 10R	90	15:17:09	14:37:24
D CLASS Start Time: 09:35 Distance: 20.3 nm						
0.75	2222	PENOZIEQUAH	NEWP 31	231	14:48:31	13:30:22
2.00	50105	JOLLY RUMBALOW	C&C 34	135	14:16:09	13:30:29
3.00	39110	KOOSAH	PEAR 36-1	177	14:34:34	13:34:41
4.00	33333	GRACEFUL MAE	TAR 3500	135	14:32:25	13:46:45
5.00	69667	SASSY	C&C34	129	14:37:48	13:54:09
6.00	427	DESERT SAGE	CATA 42	147	15:24:05	14:34:21
B CLASS Start Time: 10:00 Distance: 26.5 nm						
0.75	18177	DJINN	JBOA 30	153	15:56:18	14:48:44



Fall Series

Spirit, Zig Zag, Graceful Mae, Dash, and of course Transition were the RC. Thank you.

place	Sail No.	Yacht Name	Skipper Name	Rating	Strt	Race 1	Race 2	Total
A Class Races: 1 to 2								
					4 Strt	4 Strt		
1	69051	SPIRIT	Steve Jones	81	2	3.00	0.75	3.75
2	87652	ALTAIR	Jason Vannice	72	2	2.00	2.00	4.00
3	18324	ROCK PAPER SCIS	Hans Seegers	69	2	0.75	4.00	4.75
4	79182	FOLIE A DEUX	Jeff Johnson	132	2	4.00	3.00	7.00
S Class Races: 1 to 2								
					3 Strt	3 Strt		
1	82	MCSWOOSH	Clark McPherson	66	2	0.75	2.00	2.75
2	79	RUFUS	Tucker Smyth	90	2	2.00	3.00	5.00
3	10115	ZIG ZAG	Aaron Schofield	75	1	5.00	0.75	5.75
4	83179	HE LIVES	Steve Kirkpatrick	114	1	3.00	5.00	8.00
D Class Raceto 2								
					4 Strt	4 Strt		
1	39110	KOOSAH	Dave Knowlton	177	2	0.75	0.75	1.50
2	59128	FEVER	Jeff Hogan	212	2	3.00	3.00	6.00
2	50105	JOLLY RUMBALOW	Richard Bigley	135	2	2.00	4.00	6.00
4	29718	MARANATHA	Joel Rett	177	1	6.00	2.00	8.00
5	22884	CHRONOS	Scott Walker	168	1	4.00	6.00	10.00

Fall Series Race 3 2 September 28

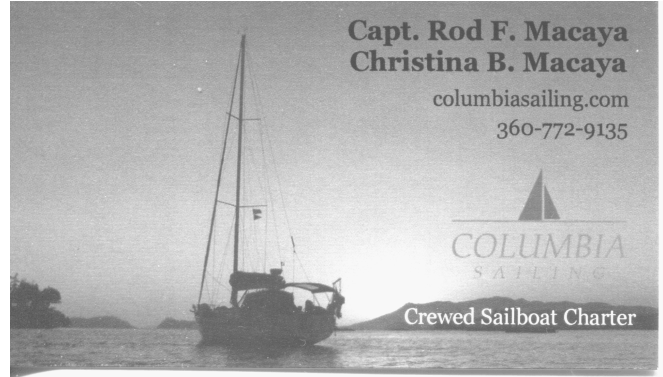
Graceful Mae/Transition was the RC Boat. Thank you.

Points	Sail No.	Yacht Name	Yacht Type	Rating	Finish Time	Corrected Time
A CLASS Start Time: 12:12 Distance: 3 nm						
0.75	69051	SPIRIT	BENE 36.7	81	13:45:04	13:41:01
2.00	87652	ALTAIR	J 35	72	13:48:19	13:44:43
3.00	79182	FOLIE A DEUX	BENE 35 S5	132	13:52:12	13:45:36
4.00	18324	ROCK PAPER SCI	EXPR 37	69	13:53:53	13:50:26
S CLASS Start Time: 12:12 Distance: 3 nm						
0.75	10115	ZIG ZAG	TART 101	75	13:48:53	13:45:08
2.00	82	MCSWOOSH	11M	66	13:48:40	13:45:22
3.00	79	RUFUS	MEL	90	13:51:22	13:46:52
D CLASS Start Time: 12:17 Distance: 3 nm						
0.75	39110	KOOSAH	PEAR 36-1	177	13:59:34	13:50:43
2.00	29718	MARANATHA	RANC 33-1	177	14:03:39	13:54:48
3.00	59128	FEVER	SJ 28	212	14:15:46	14:05:10
4.00	50105	JOLLY RUMBALOW	C&C 34	135	14:29:58	14:23:13

Fall Series Race 4 3 October 12

Dash/Transition was the RC Boat. Thank you.

No Race, No Wind





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Ditty Bag

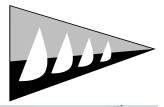
For sale

Ranger 33 Maranatha, Asking Price \$22,900 Proven racer and comfortable cruising. Well maintained and many upgrades. See details on Craiglist or call (360) 310-0711 Joel

Livingston 8 ft dinghy, clean good condition. 2 hp Johnson just tuned up. Oars Car top carrier. \$600 or best offer Walt, (360) 352-7631

Trade your labor for use of our boat. Help us with light maintenance of our Cal 25 in exchange for sailing the boat. Contact Thom (360) 456-3339 thomabbott@comcast.net

Theses ads are free for Members, run three months, and can be renewed. Contact me by the Meeting to be listed.



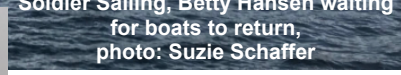
start Eagle Island Race photo: Paul Paroff



cancelled Fall Series Race 4, photo: Judy Kruller



Mast climbing Secretary's Series, photo: Steve Jones



Soldier Sailing, Betty Hansen waiting for boats to return, photo: Suzie Schaffer



Stars coming out, photos: Beth Brownell

Take Your Camera Sailing



The Ship-to-Shore is published monthly, except July and August, by the South Sound Sailing Society, PO. Box 1102, Olympia WA 98507. Opinions expressed do not necessarily reflect the policies of SSSS. Mention of products or trade names shall not constitute an endorsement by the S-t-S or SSSS of their use.

If you are having a problem receiving the Ship-to-Shore, would like to submit a letter, article, or photo, run an advertisement, or have other questions or concerns contact the **Editor : Steve Worcester**
 2425 Otis Olympia WA 98501 (360) 352-9283 e-mail: sts@ssssclub.com
 Deadline for submissions is the second Tuesday of the month.

2019-20 SSSS Board Members

Commodore	Casey Jones	(360) 878-3324
Vice-Commodore	Richard Wells	(360) 490.1147
Secretary	Alex Graff	(360) 951-7643
Treasurer	Beth Brownell	(208) 596-8848
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Race Chair	Paul Paroff	(509) 939-4081
Cruise Chair	Richard Adams	(360) 259-8498
Past Commodore	Jim Larsen	(360) 481-2269

PHRF Handicapper Rafe Beswick (360) 250-5252
D Class Handicapper Richard Bigley

