

Ship-to-Shore

The South Sound Sailing Society's Newsletter

Volume 50 Issue 6

February 2021

www.ssssclub.com



February Meeting: Jeanne Socrates

“I like it when people call me crazy”

Are you at a point in your life where you tell yourself that “I’m too old for that”? Maybe it is downhill skiing? Hiking the Wonderland Trail around Mount Rainier? Running a 10K? Or, cruising up to Juneau? If so, your South Sound Sailing Society will provide you a bit of inspiration and encouragement at our February 9th Zoom Meeting.

Joining us from Australia will be Jean Socrates, who sailed into Victoria Harbor in September 2019 after spending 366 days sailing solo around the world with no outside assistance. Jeanne is a 77-year-old grandmother of three, originally from Ealing, West London. She didn’t start sailing until she was 50 but nevertheless has circumnavigated the globe under sail three times in *Nereida*, a Najad 380. She currently holds the record as the oldest female to have circumnavigated the world single-handed, and she is the only woman to have circumnavigated solo nonstop from North America.



Duwamish Head Race photo by Jeff Johnson

Jeanne will share stories of her sailing adventures, including the highlights and times of agony. Please invite your friends, children, parents, and grandparents to hear from a fascinating, courageous person. The **Zoom doors will open at 18:50** on Tuesday evening, February 9th. To register for the Zoom call, go to:

<https://us02web.zoom.us/join/zoom/register/tZModuyvrT0sHNmnrVZnfzS1Pt2pDvL-YnH9>.

For those who Zoom all day and don’t want another Zoom, this one will be worth it! Grab yourself a libation and put your feet on your desk.

We hope you will join us.

Bob Butts, *Emma Lee*

Commodore’s Corner: The Future of Cruising

This is the third article about the future of our Club. This month I am discussing one of our important activities- Cruising. In previous years, we have provided a myriad number of Cruising options to Members. We are particularly lucky to be living in an area where we have so many great cruising options.

So, how do we make it better in the foreseeable future? We have our regular schedule of Cruises from September to May, and then many Members meet up at other exotic locations. Normally, the Cruise Chair asks for suggestions for locations for our Cruises. Some of these great locations include: Penrose Park, Longbranch, Jarrell Cove, Vaughn Bay, and Hope Island. In recent years, we have been invited guests at the Olympia Yacht Club’s Island Home.

So, what kind of sites do we need to look for when planning future weekend Cruises? Assuming an average speed of 5 knots for sailboats would mean that we should keep fairly close to home, somewhere we can arrive within 4 to 5 hours which would be about 20 nautical miles or no further than the Tacoma Narrow’s Bridge. Luckily, we still have plenty of options.

One thing great about cruising on a sailboat, you usually do not need to find fuel everywhere. And most sailboats have enough freshwater tankage to last for several days. So, that opens the possibilities to several locations that have no facilities at all.

Board Meeting
February 2

Henderson Inlet
Race
February 6

General Meeting
February 9
Visitors Welcome

Doors open at 1850, Meeting starts 1900

Toliva Shoal
Race
SSSS & OYC
February 13

Third Southern Sound Series Race

Salty Sailor Cruise
February 18-21

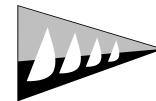
Skookum Inlet Race
February 27

Board Meeting
March 2

General Meeting
March 9
Visitors Welcome

Doors open at 1850, Meeting starts 1900

Meetings are on Zoom
Racing is casual



Holiday Food Bank Auction

The South Sound Sailing Society has a history of raising thousands of dollars for the Thurston County Food Bank at its Annual Wine Bottle Auction in December. In the past pre-COVID-19, the Olympia Yacht Club would be full of jovial SSSS sailors who just had a hearty meal, a bit too much to drink, and ready to bid on carefully crafted decorated wine-bottles with proceeds going to the Food Bank.

This year, we had no choice but to hold it

Without getting into too much detail, here are some other cruising destinations: McMicken Island, Tolmie State Park, Stretch Island State Park, Port of Allyn, Kopachuck State Park (Dead Man's Island).

Sometimes it makes the Cruise more enjoyable if we plan activities, but it is not always necessary. Some of those activities might include: a potluck, various games, music, hiking, dingy races, and or model sailboat races. The band at the Halloween Cruise was awesome.

OK, let's say our Members have three options for cruising experiences: 1) one-day, local venues such as the ones mentioned above, 2) longer weekend to several month cruises to places like the San Juan Islands, the Inside Passage of Vancouver Island, or even Alaska, and 3) the blue water cruising to Mexico, Hawaii and beyond. With enough planning and a sense of adventure, we can go almost anywhere in the world from the South Sound region.

One thing nice about going cruising, you can almost always find another boat from the South Sound on your trip. That's why it is important to use your radios to communicate and be sure to fly your burgees.

As part of our Sailing Education initiative, the Board is discussing holding Zoom meetings on various topics about cruising. This new-found way to communicate via on-line seems to lend well to getting like-minded people together for a short time.

Anyway, I'm not really sure what we can do to make our Cruising experiences better. For now, we will be planning some Cruises in the near future, provided that we can make them safe enough. And, if I didn't mention your favorite local cruising spot, let us know.

Richard Wells, PenOziequah

Toliva Shoal Race 50th Anniversary

2021 marks the 50th anniversary of the Toliva Shoal Race, and this year's event will be like no other. Sadly, the traditional social events, including the dinner, breakfast, and post-race/hot soup gathering in the OYC clubhouse, will not take place owing to the pandemic. Still, this promises to be an exciting race on Saturday, February 13, perhaps because events like this are even more cherished in these times.

The Toliva Shoal Race, co-sponsored by the South Sound Sailing Society and Olympia Yacht Club, is part of the Southern Sound Series, which includes four races spaced one month apart, each offering a unique race course in a scenic part of the Salish Sea. February's event is the third race in the series. Members of any PIYA affiliated club are invited to participate.

Racing begins at 09:00.

Registration:

Registration takes place *online only* in this year of the pandemic. To register, view the list of registrants and results when posted, see: www.ssseries.org

Parking: The OYC is offering free parking for Toliva Shoal Racers on Saturday February 13 in the southern lot, western section, not the section reserved for Oyster House customers. Lenora Tanaka, OYC Fleet Captain Sail, will hand out placards to place on the dashboards of cars. She will be available at the OYC parking lot on Saturday morning, race day.

If parking on Friday evening is needed, please use the street, where parking is free evenings and weekends.

Frank Mighetto

History note: The Toliva Shoal Race was first run in 1971 as a Club race. The next year we invited the rest of the Sound. It has been run every year since, with one exception. One year it was snowed out.

More history sought. If you have stories from one or more of the past 50 races, we would like to hear them. Write us and share.



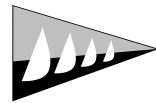
2020 Toiva Shoal Race photo by Lisa Mighetto

online via Zoom. Would we get any decorated wine bottles? Could we actually hold an auction using the Chat function on Zoom for bids? Would anyone show-up? And most importantly, would we make any money?

Well, good news: It worked! Individuals created and decorated bottles, thank you Richard Bigley, Marti Walker, and Commodore Wells, bidding through the chat function worked, Bill Hutchinson did a great job as the Auctioneer, plenty of people participated, and we raised \$8,650 at the auction. In addition, another SSSS sailor donated an additional \$1,000 after the auction, so our total contribution was \$9,650. Judy Jones, Development Director for the Food Bank was ecstatic, especially in light of the significant increase in food demand caused by the pandemic.

If you were not able to participate and would like to make a donation to the Thurston County Food Bank, Please go online and do so. Have the contribution be In honor of SSSS. A good source of funds might be the recent Federal stimulus payment you may have received

Bob Butts, Emma Lee



Southern Sound Series Report

Seems pretty routine that every so often we get those drifter races, such as this year's Duwamish Head Race.

After nearly a week of steady rain and winds, race day forecast was once again for light and variable winds. This time the forecast was pretty much spot on; light generally from the NE. After Thursday or Friday transits north from Olympia to TYC, Saturday morning the SSSS racers headed to the Des Moines marina start area in thick fog. Through the soupy fog, *Folie* heard a call, vessel heading north past Brown's Point please respond. Turns out there was a tug and barge also heading out from Tacoma. We talked and agreed we'd head east while they rounded us to the south. Really nice to know those radar reflectors work! (Do not count on them working. Ed.) Fortunately, shortly thereafter the fog lifted, Mount Rainier popped into view and suddenly, the day looked much brighter.

Due to COVID, the turnout was light this year with only 51 boats assembled in the starting area. The Cruising classes got away first with the light NE wind softly filling their sails. We followed with similarly softly filled sails and a focus on keep the boat moving. Shortly behind the PHRF fleets started their sequences. The wind at times would move more easterly and on the course you might see a spinnaker pop up in an attempt to gain an advantage. Those efforts proved pretty meaningless with the spinnakers largely becoming big curtains or ineffective so close to the wind. As the morning and afternoon progressed the light winds keep the fleets moving north with *Sonic*, a TP52, working her way past the fleets. The light winds and opposing current led those familiar with the area to seek more favorable current conditions in the nocks and crannies of the shore line. At times that worked, but you could also see boats just stalled near shore. With the sun out, and enough wind to move the boats steadily, Colin and I debated whether we would be sailing the full course today.

Then, about the time we were crossing the Fauntleroy ferry path we heard the call from *Sonic*, "RC are we ending the race at the Duwamish mark?" The response was yes, we'd only be sailing to the Elliott Bay finish. Looking around at the time made you realize that with boats were scattered up and down the Sound, it was a good call by the RC.

That call was truly self-evident and confirmed when you neared and rounded Alki Point, with boats stacked up trying to get to the Duwamish mark and finish line. Now started the battle to use any wind puffs to make progress. This was also the time that you could hear occasional radio calls from boats calling it a day and withdrawing from the race. SSSS's own *Rock Paper Scissors* and *Hans* made the right call and went well north before heading into Elliott Bay helping them pass most of the stalled fleets. For *Folie* that last mile was a slow dancing dual with *Sir*

Isaac, a big custom schooner, as the daylight faded away. We had slipped ahead of her near Alki but she slowly closed on us. The currents were also playing their games. You've all been there - twice, with no wind or steerage, the current swung us in 360 spins. In the end, *Sir Isaac* just slipped by us, but fortunately we corrected out ahead of her. As the last of the light faded away, we got the iron sail started and sails down. With the lack of wind it was a glassy moon and starlit motor back to TYC.

In all, 33 boats finished the race, with 18 calling it a day early, though all agreed it was a great day out on the water, especially for a January day!

Next up, the third race in the series, our and OYC's very own Toliva Shoal Race on

February 13th. No transits involved here with the race starting off the Olympia Shoal. Think of this as a long Eagle Island Race. From the start you head out to the Nisqually mark up to Toliva Shoal, back past Eagle Island and home again: a full tour of the south Sound and the longest of the series races at 38.4 nm. Let's get a good showing of SSSS boats out for our hometown race. If COVID makes you a bit concerned, we have a healthy and

competitive single/double handed class for the Series. Hope to see you out on the water!

Jeff Johnson, *Folie `a Deux*, SSS Rep.



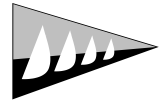
RC Report

It's not too late to casually race in our two remaining distance races, Skookum Inlet and McAllister Creek. Participate and learn firsthand the effects of current and wind of our amazing natural world. Even if the wind is forecasted to be only 1 to 3 knots, go start the race. If you don't go out, you'll miss the good ones. The recent Hope Island Race was a good example, a beautiful day plus all boats finished before mid-afternoon. Check the calendar for race dates, and as usual, the details, i.e. Addenda, for each casual race will be posted on the SSSS web site under Racing>PHRF>Sailing Instructions.

Andrew Kerr Seminar

We are planning for the annual Andrew Kerr Seminar. The format will be three Zoom meetings on Wednesday evenings, two hours each on **March 24, April 7 and April 27**. Mark your calendar! There will be a minimal fee but it will be a good value! Andrew lives in the Olympia area and is a world class sailor. He has an amazing skill in explaining sailing concepts in simple terms. The sessions will cover sail trim, boat handling, heavy air, tactics and more. Additional details coming next month.

Eric Egge, *Fjord*



Cooking With Gas

As a sailor, I have long told my husband I am meant for comfort, not speed.

Hence, when it comes to our time on the boat, a Catalina 30, I tend to focus on how we can eat well, and live well, while we're cruising the South Sound and beyond. Whereas, my practical husband focuses his energies on issues like a working engine, the bilge, etc.

I find that while we're on board the boat, we tend to eat smaller, but more frequent meals. That could be due to the pitching of the boat, or it could simply be that being on the water makes us more hungry. When you're cooking on a sailboat, you're often limited by a variety of issues: smaller stovetop with fewer burners, less predictable (or non-working) oven, less cookware or bake ware, and the potential to much more easily set off your on-board smoke alarm.

In the interests of keeping my boat-mates well-fed and content, here are a few rules I adhere to:

Grill outside when you can. Unless you're a hard-core vegan, who doesn't like the smell of barbecue on a boat? We inherited a second-hand grill and have put it to good use, grilling burgers and steaks. Small or large, such grills, usually fastening in the cockpit on the railing, offer cruisers an option to cook outside, and therefore avoid the potential fire alarm-setting issues. Also, the smell of cooking meat, or even grilling portobellos, is quite appealing.

Focus on the snacks. Aside from being healthier, the consensus is that small meals throughout the day is better for digestion and overall health. Focus on protein-heavy snacks that can include nuts, meats and/or cheeses. These are not only easier to consume while sailing, but easier to digest and can contribute to a healthier diet. Aside from meats and cheeses, you can pre-pack smoothies, fruit, crudite and other healthy options.

Keep it simple. I love cooking various recipes that involve multiple steps. But when we're on the boat, I enjoy the simplicity of life, and that includes my cooking style. Rather than making a lasagna from scratch, I might opt for pasta pomodoro: a simpler, one pan pasta option that does not require the use of the oven, and cooks much more quickly.

Life on the water is fun. Don't complicate it by trying to be the Anthony Bourdain of the boat community. Instead, focus on how you can embrace simple approaches to make

your time aboard not only enjoyable, but ingestible.

And here's a yummy recipe that's so simple, I made it while we were heading through Deception Pass on the way to the San Juan Islands this summer:



FRANK SINATRA'S
LINGUINE DI POMODORO

INGREDIENTS

- 2 tablespoons olive oil
- 1 large onion, sliced
- 1 (35 ounce) can Italian plum tomatoes, crushed, undrained
- 10 -12 fresh basil leaves, chopped or 1 teaspoon dried basil
- teaspoon salt
- teaspoon pepper
- ½ cup julienned prosciutto ham
- 2 tablespoons butter or margarine
- 1 lb linguine parmesan cheese

DIRECTIONS: In a 3 quart saucepan heat olive oil. Add onion and saute until golden brown. Add can tomatoes, basil, salt and pepper and bring to a boil. Lower heat, cover and simmer 30 minutes. Add prosciutto and butter and simmer 15 minutes more. Keep covered while linguine is cooking. Cook linguine according to package directions for al dente. Drain and toss with sauce. Serve on warm platter and sprinkle with Parmesan cheese.

Karen Hoffman

What do you cook aboard? Do you have a recipe you might share? Ed.

SSSS was found 50 years ago this winter

Rules Quiz

It's a SSSS Wednesday Night buoy race. You rounded the weather mark and gybed immediately. Running dead down wind you are headed right at the leeward mark. Before getting there you see *Fat Freddy's Cat* on your left. She is reaching, tacking down wind, and coming toward you. It looks like she will not cross cleanly. You gybe the main without altering course, as you are dead down. Who will have right of way when you meet? Answer below.

Eld Inlet Race January 16

Koosah was the mark boat. Thank you.

Distance: 11.1 nm

Corrected times have not been adjusted for starting differences

Points	Sail No.	Yacht Name	Yacht Type	Rating	Finish Time	Correct Time
Division Green Start Time 10:00						
0.75	50921	REDLINE	ANT 27	90	17:09:56	16:53:17
2.00	87652	ALTAIR	J 35	72	17:18:37	17:05:58
3.00	64996	WILLIE TIPIT?	C&C SR33	78	17:27:50	17:13:24

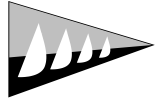
Race to the mark Distance: 5.6 nm

Points	Sail No.	Yacht Name	Yacht Type	Rating	Finish Time	Correct Time
Division Pink Start Time 09:30						
0.75	29718	AURORA	RANC 33-1	177	13:47:54	13:31:23
2.00	50105	JOLLY RUMBALOW	C&C 34	135	13:47:52	13:35:16
3.00	64985	LIBERTY	C&C 35	141	13:48:34	13:35:24
4.00	214	KID A	I550	138	14:01:58	13:49:05
5.00	59924	ECHO	CATA 38	156	14:21:09	14:06:35
6.00		BLOWN AWAY	HUNT 31	213	DNF	
6.00		174 FLASHER	SANT 20	240	DNF	
6.00	33333	GRACEFUL MAE	TAR 3500	135	DNF	
Division Green Start Time 10:00						
0.75	69399	FLYING CIRCUS	EXPR 37	72	13:21:06	13:14:23
2.00	87652	ALTAIR	J 35	72	13:42:50	13:36:07
3.00	50921	REDLINE	ANT 27	90	13:46:24	13:38:00
4.00	64996	WILLIE TIPIT?	C&C SR33	78	14:01:10	13:53:53
5.00		175 TRICKSTER		46	DNF	
5.00	18324	ROCK PAPER SCI	EXPR 37	72	DNF	

Answer: This starts with you on starboard tack, as SSSS buoys are rounded to port. After two gybes, you are back on starboard. With the wind at your back, a boat on your left and coming toward you is on starboard tack. So the boats are on the same tack. If they are not overlapped now, they will be when they meet.

When two boats on the same tack are overlapped, the right of way rules tell us that the leeward boat has the right of way. By definition, a boat on the side your boom points to is to leeward of you. That would be *Fat Freddy's Cat*. So you are the burdened boat.

Steve Worcester



PHRF Report

PHRF dues were due the first of the year. At SSSS we give you a grace period, but it is up. Starting with Toliva, we will be checking. Note that one boat was dropped from the Southern Sound Series scoring as she refused to pay her dues.

Southern Sound Series Update

After a Request for Redress hearing, it was found that the short handed division, SD, can not be scored for Over All PHRF awards as PHRF handicaps are not required in that division.

SSSS Boats at Duwamish Head TTPYC

Folie `a Deux	4 S/D	
Strider	4 PHRF 7	21 OA
Korina Korina	9 PHRF 3	23 OA
Zig Zag	DNF S/D	
Emma Lee	DNF NFS	
Willie Tippit	DNC S/D	
Balder 2	DNC S/D	
Jolly Rumbalow	DNC S/D	

If I missed someone. Please tell me.

Ditty Bag

For sale

Danforth anchor with chain and heavy rope in a bucket
Mastmate-(heavy canvas rope ladder for climbing the mast) with attachments for both slot and mast track . Both items are in good shape and **Free**. Call (360) 736 4595 .

J/35 Altair. Race/cruise ready, many upgrades. Asking \$36,500 Please see web site olypaccup.wixsite.com/j35altair (360) 556-5200

Yanmar 3GMD Parts: I replace mine. The old block has a small crack but there are many perfectly good parts attached to it. I have a completely resurfaced head with new valves, as well as the rocker assembly and valve cover, plus many many spares: gaskets, copper gaskets, alternator belts, water pump belts, alternator, starters, etc. If you are interested in any or all e-mail me. I really want to get this out of my garage! Mary Campbell @ sailmaryc@gmail.com

Theses ads are free for Members, run three months, and can be renewed. Contact me by the Meeting to be listed .

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 2425 Otis Olympia WA 98501 (360) 352-9283 e-mail: sts@sssclub.com
 Deadline for submissions is the second Tuesday of the month.

2020-21 SSSS Board Members

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Cruise Chair	Richard Adams	(360) 259-8498
Past Commodore	Casey Jones	(360) 878-3324

PHRF Handicapper Rafe Beswick (360) 250-5252

D Class Handicapper Richard Bigley

Secretary Retires

Glory Dole has served well as our Secretary for a rather trying year. But being a nurse. in this time of Covid she has to concentrate on her work. So she is stepping down. We want to thank her for her contribution to our Club, *and to our health.*

She gave plenty of notice. The board may have a replacement confirmed by the time you read this.

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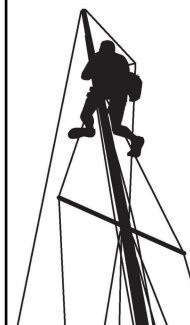
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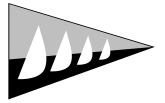
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top two photos: Eld Inlet Race by Dan O'Brien



bottom photo: Eld Inlet Race by Richard Bigley



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